



KIT FOR NEW PARENTS REVISED GUIDELINES FOR DISTRIBUTION

Revised December 14, 2005

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On December 5, 2005 the First 5 Sacramento Commission approved expansion of the distribution guidelines for the **Kit for New Parents**. In addition, approved new items include: Tiny Teeth toothbrush, an Air Quality Index Chart, a *Healthy Steps* Child Health and Development Record, a children's growth chart and a DVD that included Healthy Start! Healthy Lives! And Daddy's Tool Bag and much, much more!

Examples of distribution partners include hospitals, local clinics with prenatal education programs, home visiting programs, child care sites, OB/GYN offices, WIC programs, foster family agencies, early head start programs, UCD High Risk Premature Infant Program, and OB's that provide comprehensive Perinatal services.

The revised distribution guidelines are outlined below:

1. **Kits** may be distributed to all families living in Sacramento County with children up to five years of age.
2. Before issuing the **Kits**, ask if they have already received the **Kit**. Please limit the chances that parents will receive more than one **Kit**.
3. Keep a list of individuals that receive the **Kit**.
4. Try to provide an introduction or orientation of the **Kit** and point out that parents can receive free incentives (logo romper and baby temperature test strip) for filling out and sending in the brightly colored Evaluation Postcard included in the **Kit**.

Questions or Comments? Please contact Debra Payne @ (916) 876-5870 or paynede@saccounty.net



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