

FIRST 5 SACRAMENTO COMMISSION ADVISORY COMMITTEE

2750 Gateway Oaks Drive, Suite 330
Sacramento, CA 95814

MINUTES

FRIDAY

April 9, 2010

2:30 P.M.

Members: Betsy Uda, Chair, Steven Berniker, Mali Currington, Beth Hassett, Bobbie Hooker, Terry Jones, Margaret Maxwell, Barbara Payne, Ashley Rosales, Robert Silva, Amy Lin Tan, Gloria Torres, Julie Vails, Vice-Chair, Kathleen West

Staff: Toni Moore, Executive Director (**Absent**)
Cheryl Rookwood, Clerk of the Commission

1. Call to Order
Welcome & Introductions:
Action: Meeting was called to order at 2:32 p.m. and roll call taken. Quorum was established.
2. Chair's Report
Action: Report given.
3. Approval of March 12, 2010 Draft Minutes
Action: Payne/Rosales – Approved as presented.
VOTE: Unanimous
NOES: None
Absent: Berniker, Currington, Jones, Maxwell, Vails (all arrived after vote was taken)
4. Membership Update: Two applications received. Committee members needed to interview candidates.
Action: Ad hoc Nominating Committee (Betsy Uda, Bobbe Hooker, Barbara Payne, Ashley Rosales, Robert Silva, and Cheryl Rookwood) conducted the interview of Glenn Sayers. A separate ad hoc Nominating Committee met after this meeting to interview Dr. Lee Turner-Muecke.
5. Approve nomination of two candidates and recommend to the Commission.
Action: Hooker/Lin Tan – Approved nomination of Glenn Sayers and recommendation to the Commission for appointment at their May 3rd meeting.
VOTE: Unanimous
NOTES: None
Absent: Berniker, Currington, Jones, Maxwell, Vails (all arrived after vote was taken)

6. Executive Director: Commission Report

Action: Cheryl Rookwood, Clerk announced that Toni Moore, Executive Director wanted to provide an overview of First 5 programs and the budget at the June 11th Advisory Committee meeting. This will benefit Advisory Committee Members and new Commissioners. The Committee's response was enthusiastic.

7. Commission Staff Reports:

a. Children's Health Initiatives and Fluoridation Work Group – Debra Payne reported on:

- Sacramento Suburban Water District will submit a proposal for a Study and preliminary plan to fluoridate the Antelope/Verner area. We will be taking the funding request for approximately \$25,000 to the Commission in May. \$7 million is currently budgeted and will be rolled over to next funding cycle to keep these dollars available for fluoridation.
- Sacramento County Water Agency is under contract to fluoridate the south County, between Highway 50 and Elk Grove. The timeline for completion of this project is June, 2011 so we will also roll over \$7 million to the next funding cycle for this project.
- The Commission approved funding for Cover The Kids (CTK) for outreach enrollment at their April meeting.
- The Kit for New Parents is still in customization phase. The Dairy Council is providing two handouts at no cost.
- New DVD – includes an introduction by Dr. Cindy Weideman, our Commissioner; a Nutrition piece, and the new Daddy's Tool Bag.
- Debra reminded the Committee that distribution of the Kit is not limited to low income families and families can have one if they have not received one previously.

Breastfeeding and Nutrition/Physical Activity – Myel Jenkins reported on:

- Final contract negotiations are proceeding with WIC for breastfeeding support services. The 3 year contract begins 7/1/10. Services include breastfeeding support services through a hotline, in-home support services for women who are house-bound, and providing breast pumps for Moms returning to school or work.
- Contract negotiations continue with Health Education Council (HEC) for a 3 year contract that begins on 7/1/10. HEC will be working with families and providing workshops regarding physical activity and improved nutrition. They will also be working with childcare providers, preschools and SETA.
- HEC will provide garden training and follow-up training to preschools and will give small garden kits so the preschools can grow and use the food they grow. There are 2 types: a small wheelbarrow for smaller preschools and a stationary raised bed garden for larger facilities. HEC will be issuing a flier about the training and guidelines the preschools must follow.
- Tot Lots – First 5 Sacramento has funded 24 Tot Friendly Parks through Parks and Recreation. We have several opening in the next few months with the goal to finish construction by June 30. We will be issuing a map showing all Tot Lots in the County and will distribute to the Committee along with a listing of opening dates.
- Lone Park in Antelope opened on March 27th. Folsom will be opening on May 1st. It is located next to the Folsom Zoo and the train.

b. Community Building Initiative – Myel Jenkins

- 22 mini grant applications were received in March and went through the review process last week. The applications that passed the review will be presented to the Commission in May for approval.
- 4 Phase II applications were received by the March 22 deadline. Application review process will take place in April. We will present funding recommendations to the Commission at their June meeting.

- c. School Readiness Initiative: Cathy Spivey reported on upcoming School Readiness and Bright Futures events:
- April 13: North Sacramento Family Resource Center on Del Paso Blvd. is holding a one-stop registration for preschools and kindergarten for the San Juan, Natomas and Twin Rivers school districts.
 - April 21: Annual event at Walnut Grove Farm Bureau. Comprehensive screenings will be given to children in this hard to reach area.
 - May 6: Collaboration with Galt School District. Assisting with comprehensive screenings and preschool registration. Free immunizations, including the H1N1.
 - May 24: North Highlands at Freedom Park. This School Readiness launch is in planning stages. Some of the services will include registrations for Head Start and Bean Stalk. Dental screenings will be provided and many other activities will be offered to prepare children entering preschool and kindergarten.
- Carmen Garcia-Gomez' report included:
- An update on the 3 year Child Action contract which will begin 7/1/10. Services include the continuation of the Quality Childcare Collaborative which is a group of partners that provide technical assistance, support, training and workshops to child care providers.
 - The CARES stipend program is also a service through the Child Action contract. CARES is paid to providers who are enrolled in higher education classes. They hope to serve 200 providers a year.
 - Constructing Connections: Constructing Connections provides technical assistance to providers who want to establish a large childcare center and/or a family child care home. The group has formed connections with local fire departments and planning departments and assists in licensing and other challenges of getting a home established. They plan to have 500 slots available by the end of three years.
 - School Readiness Transition Summit – May 1st through SCOE and the Preschool Bridging Model. Childcare providers, school staff, and preschool providers discuss how to facilitate articulation in children, mainly what happens when a child leaves preschool and goes to kindergarten. There is a huge distribution list for this so the word is getting out. A flyer was handed out during the meeting.
 - The River Delta School Readiness Program Kick-off is April 15 @ 3:00 p.m. at the Walnut Grove Elementary School. They have hired a School Readiness Specialist and now have 2 staff. They are collaborating with Healthy Start.
 - Funding recommendations for Museums will be presented to the Commission at their May 3rd meeting.
- d. Effective Parenting Initiative – Verronda Moore reported on:
- The media campaign on the Effective Parenting website. This information packed site is user friendly for parents and providers.
 - Contract negotiations have begun with Child Abuse Prevention Center of Sacramento on behalf of the Family Support Collaborative for Crisis Intervention Services.
 - Funding recommendations were posted yesterday (April 8, 2010) for the Parent Education and Home Visitation proposal. Two proposers received a passing score for Parent Education (Strategy 1); three proposers received a passing score for Home Visitation (Strategy 2). In both cases, we are recommending funding for one proposer. Four proposers have scheduled appointments to review their scoring summaries. (This was the 2nd round of scoring. The final outcome for the top rank did not change.) Recommendations for funding will be presented to the Commissioners at the May 3, 2010 Commission meeting.

8. Work Group Updates:

a. Evaluation Committee – Carmen Garcia-Gomez reported on the March 15th meeting discussions:

- Results of the Strategic Plan Workgroup meetings considering the Board of Supervisors comments.
- The Procedure for Out-of-Cycle Funding Requests was approved by the Evaluation and Financial Planning Committees. The Commission approved the procedure during their April 5th meeting.
- WRMA reported on the child assessment trainings for School Readiness evaluation. Findings will be incorporated into the School Readiness report in the fall.

b. Financial Planning Committee – Kim Dahl reported that at their March 25th meeting the Committee reviewed:

- The proposed budget for 2010-2011 before it went to the May Commission meeting
- The Procedure for Out-of-Cycle Funding Requests
- The status of our financials

9. Membership Report: Betsy Uda: Hot Topics in Early Care Education

Action: None. This was postponed until the May meeting.

10. Future Agenda topics: None.

11. Announcements/Comments

- Member Julie Vails stated how helpful the one-page 2-1-1 brochure is. It is a great resource for her families. Betsy advised that the 2-1-1 people will come to Boards and Commissions to get their message out.
- Member Barbara Payne shared information about a new web site: Healthy City. They are launching this program at the Sierra Health Foundation on April 26th.
- Barbara further shared about the recent County cuts and how they affect CPS and SAS – Senior and Adult Services. Seniors will be bumped from programs in APS and other areas, complicating work accomplishments because of training.
- Barbara shared that she had a meeting with Senator Cox regarding another Board she is on. She mentioned First 5 and they discussed his opposition to First 5.
- Member Terry Jones gave a report back to the March meeting, stating that he had met with the City regarding fluoridation. He requested letters of support from any organization before May 1. Terry meets with the Mayor next week.

12. Public Comments: None.

Adjourned: 3:48 p.m.

Respectfully submitted,

Cheryl Rookwood, Clerk
First 5 Sacramento Commission
Advisory Committee